



# Code of Conduct for swimmers

## As a member of our club, we understand you have the right to:

- Enjoy the time you spend with the club and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to. Be involved and contribute towards club decisions and activities.
- Be respected by the club and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged to develop your swimming, para-swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

## As a member of our club or activity we expect you to:

### Essentials

- 1 Keep yourself safe by listening to your coach or teacher, behave responsibly and speak to an adult if something isn't right.
- 2 Take care of club equipment and centre premises as if they were your own.
- 3 Make it to training and competitions on time. If you're running late let a member of the club know.
- 4 Make your coach or teacher aware if you have any difficulties attending training or competitions.
- 5 Not wander off, or leave training or a competition without telling your coach, teacher or team manager. Never leave the water without making your coach aware.
- 6 Bring the right kit to training and competitions. Be organised and ready to train or compete.

- 7 Have a positive attitude to training and competition and to your team mates and coaches.
- 8 Follow the rules of the club, squad or activity at all times.
- 9 Respect the privacy of others especially in the changing rooms.

### **During Training**

1. Treat all coaches and fellow members with respect.
2. Arrive poolside in good time to start the session on time.
3. If arriving late report to the coach before entering the pool.
4. Ensure that you have the correct equipment for each session.
5. If needing to sit out or leave the pool speak to your coach.
6. Listen to your coach and follow all instructions fully.
7. Start and finish at the wall and complete every turn as you would in a race.
8. Enter the pool safely. Don't pull on the lane ropes or disrupt others.
9. Focus fully on the session, don't skip lengths or sets as this is disruptive and impacts Performance.

### **Behaviour**

- 1 Make our club and activity a fun, happy, friendly and welcoming place to be for everyone.
- 2 Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
- 3 Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- 4 Not use any device to take photographs or footage of others in the changing rooms or cubicles.
- 5 Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.
- 6 Understand that poor behaviour is unacceptable and can result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- 7 Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.

- 8 Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- 9 Support and encourage your team mates, tell them when they've done well and be there for them when they are struggling.
- 10 Respect the children and adults competing for other teams at competitions.
- 11 Respect the committee members, coaching team and officials volunteering their time for the club.

**Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.**

Signature of the child

Signature of parent/guardian

Date