



# SCHEDULE OF EVENTS

<b>FRIDAY 14<sup>TH</sup> OCTOBER</b> <b>WARM UP 6PM</b> <b>SESSION 1</b>			
<b>BOYS/GIRLS 12/OVER 1500 FREESTYLE</b>			
<b>SATURDAY 15<sup>TH</sup> OCTOBER</b> <b>WARM UP 1PM</b> <b>SESSION 2</b>		<b>SUNDAY 16<sup>TH</sup> OCTOBER</b> <b>WARM UP 1PM</b> <b>SESSION 5</b>	
BOYS 12/OVER 400 IM		GIRLS 12/OVER 400 IM	
GIRLS 12/OVER 400 FREESTYLE		BOYS 12/OVER 400 FREESTYLE	
BOYS 12/OVER 50 BREASTSTROKE		GIRLS 12/OVER 50 BREASTSTROKE	
GIRLS 12/OVER 50 FREESTYLE		BOYS 12/OVER 50 FREESTYLE	
BOYS 12/OVER 200 BUTTERFLY		GIRLS 12/OVER 200 BUTTERFLY	
GIRLS 100 BACKSTROKE		BOYS 100 BACKSTROKE	
<b>SESSION 3</b> <b>WARM UP TBC</b>		<b>SESSION 6</b> <b>WARM UP TBC</b>	
BOYS 12/OVER 200 IM		GIRLS 12/OVER 200 IM	
GIRLS 12/OVER 200 FREESTYLE		BOYS 12/OVER 200 FREESTYLE	
BOYS 12/OVER 100 BREASTSTROKE		GIRLS 12/OVER 100 BREASTSTROKE	
GIRLS 12/OVER 50 BUTTERFLY		BOYS 12/OVER 50 BUTTERFLY	
BOYS 12/OVER 50 BACKSTROKE		GIRLS 12/OVER 50 BACKSTROKE	
GIRLS 12/OVER 100 IM		BOYS 12/OVER 100 IM	
BOYS 12/OVER 800 FREESTYLE		GIRLS 12/OVER 800 FREESTYLE	
<b>SESSION 4</b> <b>WARM UP TBC</b>		<b>SESSION 7</b> <b>WARM UP TBC</b>	
GIRLS 12/OVER 200 BREASTSTROKE		BOYS 12/OVER 200 BREASTSTROKE	
BOYS 12/OVER 100 BUTTERFLY		GIRLS 12/OVER 100 BUTTERFLY	
GIRLS 12/OVER 100 BUTTERFLY		BOYS 12/OVER 100 BUTTERFLY	
BOYS 12/OVER 100 FREESTYLE		GIRLS 12/OVER 100 FREESTYLE	
GIRLS 12/OVER 200 BACKSTROKE		BOYS 12/OVER 200 BACKSTROKE	



# QUALIFYING TIMES

SC TIMES

<b>BOYS 12 Years/over</b>	<b>Events</b>	<b>GIRLS 12 Years/over</b>
<b>45.0</b>	<b>50m Back</b>	<b>45.0</b>
<b>50.0</b>	<b>50m Breast</b>	<b>50.0</b>
<b>50.0</b>	<b>50m Fly</b>	<b>50.0</b>
<b>45.0</b>	<b>50m Free</b>	<b>45.0</b>
<b>1.50.0</b>	<b>100m Back</b>	<b>1.50.0</b>
<b>2.00.0</b>	<b>100m Breast</b>	<b>2.00.0</b>
<b>2.00.0</b>	<b>100m Fly</b>	<b>2.00.0</b>
<b>1.50.0</b>	<b>100m Free</b>	<b>1.50.0</b>
<b>3.00.0</b>	<b>200m Back</b>	<b>3.00.0</b>
<b>3.10.0</b>	<b>200m Breast</b>	<b>3.10.0</b>
<b>3.00.0</b>	<b>200m Fly</b>	<b>3.00.0</b>
<b>3.00.0</b>	<b>200m Free</b>	<b>3.00.0</b>
<b>5.30.0</b>	<b>400m Free</b>	<b>5.30.0</b>
<b>3.00.0</b>	<b>200m I/M</b>	<b>3.00.0</b>
<b>6.00.0</b>	<b>400m I/M</b>	<b>6.00.0</b>
<b>2.15.0</b>	<b>100 I/M</b>	<b>2.15.0</b>
<b>10:10.00</b>	<b>800M FREE</b>	<b>10:10.00</b>
<b>20:00.00</b>	<b>1500M FREE</b>	<b>20:00.00</b>