



Session - 8

EVENT 202 Men MC 10/14 Yrs 200m Backstroke

1.	Nicholas MITROI	11	Thurrock	3:15.09.....	30.	Lucas DEANS	13	Chelmsford	2:45.41.....
2.	Jakub CINCIO	11	Chelmsford	3:12.13.....	31.	Jamie COMITTI	13	Basildon Ph	2:45.30.....
3.	Orly MORTON	12	Killerwhales	3:10.74.....	32.	Cayden SHANAHAN	14	Killerwhales	2:45.06.....
4.	Adam HART	11	Witham Dolph	3:10.68.....	33.	Thomas MOODY	14	Harlow Pen	2:44.99.....
5.	Toby KEEGAN	12	Killerwhales	3:04.78.....	34.	Connor JARRETT	14	Romford Town	2:43.43.....
6.	Finley BURFORD	10	Basildon Ph	3:04.36.....	35.	Ben PROPHET	14	Runnymede	2:43.29.....
7.	Mario FEISE	12	Basildon Ph	3:03.83.....	36.	Harrison WALLER	13	Southend	2:42.53.....
8.	Dillan CRONIN	12	Romford Town	3:03.03.....	37.	Massimo GIROLAMI	14	Colchester	2:42.50.....
9.	Brandon CREES	11	Basildon Ph	3:02.45.....	38.	Thomas ROBB	14	Halstead	2:42.48.....
10.	Oliver HARMOND	12	Chelmsford	3:01.73.....	39.	William EAST	14	Basildon Ph	2:42.20.....
11.	Kai PATEL	12	Thurrock	2:59.84.....	40.	Michael MANNIX	14	Harlow Pen	2:41.41.....
12.	Finley GULLIS	12	Chelmsford	2:59.68.....	41.	Ben HUMPHRIES	14	Maldon Shark	2:40.60.....
13.	Shabir MOHAMED SALEEM	13	Bark & Dagen	2:56.44.....	42.	Toby LASHMAR	13	Basildon Ph	2:40.57.....
14.	Corben GIBSON	12	Basildon Ph	2:55.21.....	43.	Jason VAN DER MERWE	14	Bark & Dagen	2:39.63.....
15.	William HUGHES	12	Basildon Ph	2:55.13.....	44.	David TSHUMA	14	Bo Newham	2:39.17.....
16.	Toby OWEN	13	Southend	2:53.15.....	45.	Tobi OLAJIDE	13	Thurrock	2:38.66.....
17.	Rikhil PATEL	13	Rochford	2:52.48.....	46.	George PORTLOCK	13	New Hall	2:38.18.....
18.	Joseph BALE	11	Halstead	2:51.72.....	47.	Jack FRIEDLEIN	14	Maldon Shark	2:36.28.....
19.	Daniel ANDREWS	13	Halstead	2:50.11.....	48.	Remi-Maysen KEANE	14	Basildon Ph	2:35.90.....
20.	Ethan HOWARD	14	Halstead	2:49.87.....	49.	David NEACSU	14	Bark & Dagen	2:35.80.....
21.	Benjamin MARTIN	14	Halstead	2:49.69.....	50.	Anthony GANCHEV	13	Basildon Ph	2:34.62.....
22.	Taylor DIXON	13	Romford Town	2:49.44.....	51.	Ethan THORPE	13	Basildon Ph	2:32.98.....
23.	Charlie PLUME	13	Harlow Pen	2:49.31.....	52.	Robert FENNER	14	Basildon Ph	2:32.94.....
24.	James MCGETTIGAN	13	Runnymede	2:49.08.....	53.	Findlay MCLAREN	14	Romford Town	2:32.27.....
25.	Amir ZAHOUANI	14	Bo Waltham F	2:48.60.....	54.	Naim HARVEY	14	Basildon Ph	2:32.17.....
26.	Archie TEBBUTT	12	Colchester	2:48.38.....	55.	Mohammed HOSSAIN	14	Bark & Dagen	2:31.28.....
27.	William FAVER	14	Chelmsford	2:48.16.....	56.	Sean CONNOLLY	14	Epping For't	2:31.12.....
28.	Baris MURATOGLU	13	Romford Town	2:46.82.....	57.	Albert ORLEY	14	Braintree	2:26.26.....
29.	Evan LARTHE	13	Southend	2:46.44.....	58.	Louis ALLEN	14	Basildon Ph	2:25.89.....

EVENT 203 Men MC 15 Yrs/Over 200m Backstroke

1.	Quinn SEYMOUR	15	Runnymede	2:44.85.....	28.	Ethan MARTIN	17	Thurrock	2:26.50.....
2.	George CHURCH	15	Thurrock	2:40.90.....	29.	Zak TROMAN	15	Colchester	2:26.30.....
3.	Daniel BOBOYE	15	Thurrock	2:40.01.....	30.	Eliot HAYHOW	18	Bo Waltham F	2:25.82.....
4.	Keelan BARNETT	15	Colchester	2:37.90.....	31.	Denis DRELEV	16	Romford Town	2:24.67.....
5.	James BAKER	15	Brentwood	2:36.88.....	32.	Sami BENIDIR	15	Bo Newham	2:24.29.....
6.	Ethan RYAN	17	Harlow Pen	2:36.30.....	33.	Kevin MOLDOVAN	15	Harlow Pen	2:23.84.....
7.	Thomas UNDERDOWN	15	Braintree	2:36.09.....	34.	Daniel HIMSWORTH	17	Colchester	2:23.77.....
8.	Dillon BRECHT	15	Romford Town	2:35.94.....	35.	Harley WEST	18	Thurrock	2:23.55.....
9.	Christopher CHARNICK	15	Killerwhales	2:35.80.....	36.	Jacob KITCHING	17	Chelmsford	2:22.98.....
10.	Tarelle LANIYAN	15	Bo Newham	2:35.54.....	37.	Keelan GOSNEY	18	Chelmsford	2:22.43.....
11.	Alexander MUNDEN	16	Bo Newham	2:35.41.....	38.	Lewis JARRETT	16	Romford Town	2:22.41.....
12.	Ahmad DAWOOD	16	Bo Newham	2:35.33.....	39.	Max ARNOLD	16	Harlow Pen	2:21.87.....
13.	Ryan DOOLEY	15	Romford Town	2:33.59.....	40.	Thomas CHITTOCK	15	Bo Waltham F	2:21.47.....
14.	Jamie HARTNUP	16	Braintree	2:33.44.....	41.	Samuel RENNIE	18	Braintree	2:21.26.....
15.	Leo EASTER	15	Runnymede	2:32.20.....	42.	Lewis ARCHER	25	Halstead	2:20.79.....
16.	William WHITE	15	Harlow Pen	2:31.33.....	43.	Oliver SMITH	15	Basildon Ph	2:20.52.....
17.	Corey HARE	16	Colchester	2:30.72.....	44.	Daniel LEWIS	16	New Hall	2:19.23.....
18.	Joshua ATOTILETO	16	Bo Newham	2:30.35.....	45.	Thomas FORD	16	Basildon Ph	2:18.88.....
19.	Freddie GARDNER	16	Bo Southend	2:30.14.....	46.	Mark MILBURN	17	Colchester	2:18.40.....
20.	Archie PIGOTT	15	Killerwhales	2:29.91.....	47.	Jacobus ENSLIN	16	Killerwhales	2:17.21.....
21.	Joshua OWEN	17	Runnymede	2:29.56.....	48.	Ben MINISTER	16	Thurrock	2:16.85.....
22.	Ismail AYAD	18	Bo Newham	2:29.36.....	49.	Raheel MAHMOOD	15	Romford Town	2:14.19.....
23.	Jimmy TAYLOR	18	Thurrock	2:28.80.....	50.	Connor MCCARTHY	17	Romford Town	2:14.02.....
24.	Hadi KHAIRUL	16	Bo Newham	2:28.10.....	51.	Daniel DIXON	17	Basildon Ph	2:11.35.....
25.	Aidan WOOD	16	Thurrock	2:27.79.....	52.	Jenson HURRELL	17	Thurrock	2:10.88.....
26.	Christopher RICHARDSON	17	Bo Waltham F	2:27.70.....	53.	Nikita CHARYKIN	16	Thurrock	2:06.48.....
27.	Jamieson MCLAREN	16	Romford Town	2:27.25.....	54.	Jack SKERRY	18	New Hall	2:00.07.....



EVENT 204 Men MC 10/14 Yrs 100m Breaststroke

1.	Tahir HENDRICKS	11	Colchester	1:51.59.....	49.	Amir ZAHOUANI	14	Bo Waltham F	1:30.47.....
2.	Dhrish PATEL	11	Rochford	1:51.04.....	50.	George PORTLOCK	13	New Hall	1:30.40.....
3.	Leo BONFANTE	11	Bo Newham	1:49.24.....	51.	Ben PROPHET	14	Runnymede	1:30.28.....
4.	Nicholas MITROI	11	Thurrock	1:48.19.....	52.	Elliot WHITEHOUSE	14	Colchester	1:30.25.....
5.	Jarad ROWE	11	Colchester	1:46.75.....	53.	Henry JOHNSON	14	Killerwhales	1:30.03.....
6.	Theodore PERRIN	12	Harlow Pen	1:45.65.....	54.	Findlay MCLAREN	14	Romford Town	1:29.91.....
7.	James PETERS	11	Basildon Ph	1:44.92.....	55.	Finlay ROBERTS	13	Witham Dolph	1:29.80.....
8.	Kavith THANTHIRIGODA	12	Killerwhales	1:44.60.....	56.	Harry PHELAN	13	Basildon Ph	1:29.77.....
9.	Jayden CARTER	11	Basildon Ph	1:44.48.....	57.	Louis SPRIGGS	14	New Hall	1:29.68.....
10.	Samuel JOYCE	12	Runnymede	1:42.39.....	58.	James MCGETTIGAN	13	Runnymede	1:29.33.....
11.	Archie WILLIS	11	Bark & Dagen	1:42.05.....	59.	Joseph BALE	11	Halstead	1:29.30.....
12.	William GORE	12	Southend	1:41.70.....	60.	William FAVER	14	Chelmsford	1:29.00.....
13.	Will MINISTER	12	Thurrock	1:41.05.....	61.	Dmitrijs GRACOVS	13	Harlow Pen	1:28.08.....
14.	Finley GULLIS	12	Chelmsford	1:40.58.....	62.	David TSHUMA	14	Bo Newham	1:27.62.....
15.	Alex TONU	12	Bark & Dagen	1:40.39.....	63.	Harry COOPER	14	Bo Southend	1:27.30.....
16.	Tom GOLDING	12	Colchester	1:38.18.....	64.	Ronnie EDWARDS	14	Rochford	1:27.14.....
17.	Josh MEYER	12	Chelmsford	1:38.17.....	65.	Jack WEBB	14	Witham Dolph	1:26.85.....
18.	William HUGHES	12	Basildon Ph	1:38.03.....	66.	Albert ORLEY	14	Braintree	1:26.84.....
19.	Mustafa HASHIM	13	Romford Town	1:36.78.....	67.	Szymon PIERZECKI	13	Witham Dolph	1:26.51.....
20.	Brandon CREES	11	Basildon Ph	1:36.26.....	68.	Oliver PUXLEY	14	Saffron Wald	1:26.50.....
21.	Daniel ANDREWS	13	Halstead	1:36.00.....	69.	Alexander COTTRELL	14	Colchester	1:26.41.....
22.	Ellis RYAN	13	Harlow Pen	1:35.65.....	70.	Caleb JUDD	14	Romford Town	1:26.40.....
23.	Harry JOHNSON	13	Saffron Wald	1:34.12.....	71.	William FROST	14	Basildon Ph	1:26.27.....
24.	Thomas RICHARDSON	14	Harwich DP	1:34.02.....	72.	Daniel TONU	14	Bark & Dagen	1:26.04.....
25.	Jesse HOWARD	12	Romford Town	1:33.94.....	73.	Jeremy GODWIN	13	Thurrock	1:26.00.....
26.	Nikitas BALTSEZAK	12	Colchester	1:33.93.....	74.	Tom GUTRIDGE	14	Killerwhales	1:25.89.....
27.	Yordan GOLEMDZHIEV	14	Thurrock	1:33.92.....	75.	Cooper SMITH	13	Harlow Pen	1:25.62.....
28.	Harrison WALLER	13	Southend	1:33.80.....	76.	Leo FLOOD	14	Bo Waltham F	1:25.46.....
29.	Thomas LLOYD	14	Rochford	1:33.56.....	77.	Louis BROWN	14	Runnymede	1:24.72.....
30.	Luke PEMBERTON	14	Bo Waltham F	1:33.55.....	78.	Obalolu BANKOLE	13	Thurrock	1:24.13.....
31.	Harry GRIFFITHS	13	Colchester	1:33.27.....	79.	Ethan THORPE	13	Basildon Ph	1:23.82.....
32.	Nojus LABINAS	13	Bark & Dagen	1:33.17.....	80.	Naim HARVEY	14	Basildon Ph	1:23.50.....
33.	Kai PATEL	12	Thurrock	1:32.93.....	81.	Thomas MOODY	14	Harlow Pen	1:23.31.....
34.	Domantas AURYLA	12	Bark & Dagen	1:32.84.....	82.	Robert FENNER	14	Basildon Ph	1:23.12.....
35.	Lucas ANKUDAVICIUS	14	Thurrock	1:32.79.....	83.	Sean CONNOLLY	14	Epping For't	1:22.87.....
36.	Matthew NORMAN	14	Basildon Ph	1:32.72.....	84.	Remi-Maysen KEANE	14	Basildon Ph	1:22.83.....
37.	Baris MURATOGLU	13	Romford Town	1:32.62.....	85.	George JONES	13	Harlow Pen	1:22.51.....
38.	Archie TEBBUTT	12	Colchester	1:32.23.....	86.	Harrison BROOK	14	Colchester	1:21.97.....
39.	Alistair MIZON	14	Braintree	1:32.04.....	87.	Reece BURNS	14	Witham Dolph	1:21.58.....
40.	Lewis HALL	13	Killerwhales	1:31.96.....	88.	Louis ALLEN	14	Basildon Ph	1:20.56.....
41.	Ben HUMPHRIES	14	Maldon Shark	1:31.95.....	89.	Kevin MOGHINA	14	Thurrock	1:19.62.....
42.	Lee BOKA	14	Brentwood	1:31.93.....	90.	Ayobami AKINDELE	14	Thurrock	1:19.25.....
43.	Thomas HALE	12	Chelmsford	1:31.91.....	91.	Ernest JUVERDEANU	14	Chelmsford	1:19.24.....
44.	Connor JARRETT	14	Romford Town	1:31.73.....	92.	Massimo GIROLAMI	14	Colchester	1:18.22.....
45.	Rikhil PATEL	13	Rochford	1:31.28.....	93.	Joshua SHEPHERD	14	Thurrock	1:17.71.....
46.	Luca BAUMSLAG-GRISI	12	Killerwhales	1:31.13.....	94.	Saxon MINTO	14	Basildon Ph	1:13.86.....
47.	Jason VAN DER MERWE	14	Bark & Dagen	1:31.11.....	95.	David NEACSU	14	Bark & Dagen	1:11.47.....
48.	Luke MASON	14	Maldon Shark	1:30.66.....					

EVENT 205 Men MC 15 /Over 100m Breaststroke

1.	Mark HOLMES	39	Colchester P	SB14 1:38.38.....	15.	Christopher RICHARDSON	17	Bo Waltham F	1:24.59.....
2.	Oliver GORE	15	Southend	1:30.37.....	16.	Daniel HALL	18	Hornchurch	1:24.24.....
3.	Ryan WHEATON	15	Basildon Ph	1:29.83.....	17.	Daniel THOMPSON	15	Thurrock	1:24.02.....
4.	James KNATCHBULL	15	Brentwood	1:29.62.....	18.	James FERREIRA	15	Killerwhales	1:24.02.....
5.	Zachary SAVIJN FORD	15	Runnymede	1:29.04.....	19.	Collin OKUSAGA	15	Braintree	1:23.54.....
6.	Keelan BARNETT	15	Colchester	1:28.25.....	20.	Liam HIGGINS	17	Bo Waltham F	1:22.94.....
7.	Alvin LIU	15	Clacton SC	1:26.90.....	21.	Corey HARE	16	Colchester	1:22.91.....
8.	Jensen LARTHE	15	Southend	1:26.36.....	22.	Ahmad DAWOOD	16	Bo Newham	1:22.77.....
9.	Brandon WINSLOW	16	Bo Southend	1:25.68.....	23.	Theo MCCALLA	16	Bo Newham	1:22.20.....
10.	Matthew BALE	45	Halstead	1:25.48.....	24.	Albie NORMAN	16	Runnymede	1:22.13.....
11.	Thirushan GUNASILAN	15	Bark & Dagen	1:25.37.....	25.	Thomas UNDERDOWN	15	Braintree	1:22.03.....
12.	Tarek SOLIMAN	15	Colchester	1:25.31.....	26.	Simon FEISE	15	Basildon Ph	1:21.77.....
13.	Bertie WARNES	16	DunmowAtlant	1:25.01.....	27.	Thomas CHITTOCK	15	Bo Waltham F	1:21.02.....
14.	Benjamin WATLEY	15	Witham Dolph	1:24.86.....	28.	Jake LLOYD	27	Harlow Pen	1:20.92.....



29.	Harry RICHARDSON	18	Southend	1:20.75.....	66.	Luke READ	16	Basildon Ph	1:15.62.....
30.	James BAKER	15	Brentwood	1:20.62.....	67.	Nikita CHARYKIN	16	Thurrock	1:15.30.....
31.	Leo EASTER	15	Runnymede	1:20.45.....	68.	Joshua ATOTILETO	16	Bo Newham	1:15.19.....
32.	Cem FOO-TURK	15	Epping For't	1:20.36.....	69.	Sami MATLOUB	17	Killerwhales	1:15.02.....
33.	Thomas MEDHURST	19	Epping For't	1:20.22.....	70.	Daniel BELTEKI	16	Saffron Wald	1:14.71.....
34.	Sami BENIDIR	15	Bo Newham	1:19.98.....	71.	Ethan PEIRCE	18	DunmowAtlant	1:14.70.....
35.	Freddie WESTON	15	Brentwood	1:19.87.....	72.	Kaya AHMET	18	Bo Waltham F	1:14.43.....
36.	Freddie GRAY	17	Brentwood	1:19.39.....	73.	Matthew RIDDLE	17	Thurrock	1:14.10.....
37.	Jaiden DRUMOND	15	Bo Newham	1:19.37.....	74.	Joseph BURNS	16	Witham Dolph	1:13.76.....
38.	Robert ELLISTON	16	Braintree	1:19.22.....	75.	Zak TROMAN	15	Colchester	1:13.74.....
39.	Jack HATCH	17	Woodham F SC	1:19.20.....	76.	Joseph MUNDEN	18	Bo Newham	1:13.31.....
40.	Tarelle LANIYAN	15	Bo Newham	1:19.17.....	77.	Colin MOGHINA	17	Thurrock	1:13.02.....
41.	Mark RIGO	16	Romford Town	1:18.96.....	78.	Raheel MAHMOOD	15	Romford Town	1:12.83.....
42.	Joseph GARFIELD	17	Bo Waltham F	1:18.80.....	79.	James GOURPINAR	15	Harlow Pen	1:12.78.....
43.	Sam LOADER	18	Clacton SC	1:18.75.....	80.	Antonio GIROLAMI	17	Colchester	1:12.63.....
44.	Romao CONDE	15	Bo Newham	1:18.70.....	81.	Jacob RAY	15	Basildon Ph	1:12.59.....
45.	Joe POWER	15	Basildon Ph	1:18.65.....	82.	Richard VANSTONE	16	Chelmsford	1:12.36.....
46.	Kieran STERRY	15	Basildon Ph	1:18.65.....	83.	Alexander JESSOP	18	Brentwood	1:11.94.....
47.	Sebastian COTOROBAL	15	Bo Newham	1:18.45.....	84.	Alfie FRANCIS	17	Colchester	1:11.72.....
48.	Oliver MURRAY	18	Braintree	1:18.44.....	85.	Connor MCCARTHY	17	Romford Town	1:11.59.....
49.	Jack READ	16	Runnymede	1:18.27.....	86.	Ben STRINGER	17	Romford Town	1:11.43.....
50.	Josh WHITE	17	Bark & Dagen	1:18.16.....	87.	Glennon LEE	16	Harlow Pen	1:11.23.....
51.	Daniel MCGUINNESS	16	Basildon Ph	1:18.07.....	88.	Daniel BOBOYE	15	Thurrock	1:10.95.....
52.	Jacob SWANN	16	Braintree	1:18.02.....	89.	Kalaum CORANI	18	Colchester	1:10.78.....
53.	Isaac FARRUGIA	15	Basildon Ph	1:18.00.....	90.	Archie PIGOTT	15	Killerwhales	1:10.76.....
54.	Charlie ROGERS	15	Romford Town	1:17.42.....	91.	Matthew MCLAUGHLIN	29	DunmowAtlant	1:10.14.....
55.	Samuel HOWARD	15	Romford Town	1:17.36.....	92.	Samuel RENNIE	18	Braintree	1:10.00.....
56.	Harry STAGG	16	Basildon Ph	1:16.64.....	93.	Tyler JACKSON	18	Harlow Pen	1:09.91.....
57.	Ethan RYAN	17	Harlow Pen	1:16.61.....	94.	Mark MILBURN	17	Colchester	1:09.76.....
58.	Harvey LAST	19	Southend	1:16.44.....	95.	Samuel JOHNSON	24	Halstead	1:09.34.....
59.	Harold EDWARDS	17	Braintree	1:16.43.....	96.	Lee PETERSON	48	Braintree	1:09.20.....
60.	Rhys PANYANDEE	16	Bo Newham	1:16.36.....	97.	Jacob STEPHEN	17	Brentwood	1:08.85.....
61.	Lewis JARRETT	16	Romford Town	1:16.15.....	98.	Harrison JARVIS	18	Thurrock	1:08.80.....
62.	Maddox ROBERTS	16	Witham Dolph	1:16.06.....	99.	Daryl RANDS	25	Colchester	1:07.78.....
63.	Eliot HAYHOW	18	Bo Waltham F	1:15.91.....	100.	David EBANKS	40	Basildon Ph	1:07.73.....
64.	Marco YUEN	15	Romford Town	1:15.90.....	101.	Tyler TOMBS	17	Chelmsford	1:06.48.....
65.	Thomas BALE	17	Halstead	1:15.80.....	102.	Jack MANSFIELD	20	Harlow Pen	1:06.35.....

EVENT 206 FINAL OF EVENT 204 Men MC 10/11 Yrs 100m Breaststroke

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EVENT 207 FINAL OF EVENT 204 Men MC 12 Yrs 100m Breaststroke

1.	5.
2.	6.
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EVENT 208 FINAL OF EVENT 204 Men MC 13 Yrs 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 209 FINAL OF EVENT 204 Men MC 14 Yrs 100m Breaststroke

1.	5.
2.	6.
3.	7.
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EVENT 210 FINAL OF EVENT 205 Men MC 15 Yrs 100m Breaststroke

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EVENT 211 FINAL OF EVENT 205 Men MC 16 Yrs 100m Breaststroke

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EVENT 212 FINAL OF EVENT 205 Men MC 17 /Over 100m Breaststroke

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