

PROGRAMME OF EVENTS

SATURDAY

SESSION 1

SESSION 2

Withdrawal closes at:		08.10hrs	Withdrawa at:	l closes	ТВС
Warm Up for Boys:		08.00-08.30hrs	Warm Up for Girls:		TBC
Warm Up for Girls:		08.30-09.00hrs	Warm Up for Boys:		TBC
Start:		09.10hrs	Start:	TBC	
Event 101	Boys 400m IM		Event 201	Boys 200m Freestyle	
Event 102	Girls 200m IM		Event 202	Girls 400m Freestyle	
Event 103	Boys 100m Backstroke		Event 203	Boys 100m Breaststroke	
Event 104	Girls 100m Freestyle		Event 204	Girls 100m Butterfly	
Event 105	Boys 200m Breaststroke		Event 205	Boys 200m Backstroke	
Event 106	Girls 200m Butterfly		Event 206	Girls 50m Backstroke	
Event 107	Boys 50m Butterfly		Event 207	Boys 50m Freestyle	
Event 108	Girls 50m	Breaststroke	Event 208	Girls 100m	IM

SUNDAY

SESSION 3

SESSION 4

Withdrawal closes		08.10hrs	Withdrawa	l closes	TBC
at:			at:		
Warm Up for Boys:		08.00-08.30hrs	Warm Up for Girls:		TBC
Warm Up for Girls:		08.30-09.00hrs	Warm Up for Boys:		TBC
Start:		09.10hrs	Start:		TBC
Event 301	Girls 400n	ls 400m IM Event 401 Girls 200m		Freestyle	
Event 302	Boys 200m IM		Event 402	Boys 400m Freestyle	
Event 303	Girls 100m Backstroke		Event 403	Girls 100m Breaststroke	
Event 304	Boys 100m Freestyle		Event 404	Boys 100m Butterfly	
Event 305	Girls 200m Breaststroke		Event 405	Girls 200m Backstroke	
Event 306	Boys 200m Butterfly		Event 406	Boys 50m Backstroke	
Event 307	Girls 50m	Butterfly	Event 407	Girls 50m Freestyle	
Event 308	Boys 50m	Breaststroke	Event 408	Boys 100m IM	

Closing Date: 12 MIDNIGHT Saturday 21st September 2019 5 | P a g e