

# Swim England National Summer Meet (50m) 2019



31 July – 4 August | Ponds Forge, Sheffield

## PROGRAMME OF EVENTS\*

Wednesday 31 July 2019	Thursday 1 August 2019	Friday 2 August 2019	Saturday 3 August 2019	Sunday 4 August 2019
<b>Session One – Heats – 9am</b>	<b>Session Three – Heats – 9am</b>	<b>Session Six – Heats – 9am</b>	<b>Session Nine – Heats – 9am</b>	<b>Session Twelve – Heats – 9am</b>
Men's MC 100m Freestyle Women's MC 100m Freestyle Men's 100m Breaststroke Women's 100m Breaststroke Men's MC 50m Breaststroke Women's MC 50m Breaststroke Men's 50m Freestyle Women's 200m Freestyle Men's MC 100m Breaststroke Women's MC 100m Breaststroke Men's 400m I.M. Women's 400m I.M.	Women's MC 200m I.M. Men's MC 200m I.M. Women's 100m Butterfly Men's 200m Freestyle Women's 200m Breaststroke Men's 200m Breaststroke Women's MC 150m I.M. Men's MC 150m I.M. Women's 50m Freestyle Men's 100m Butterfly Women's MC 50m Freestyle Men's MC 50m Freestyle	Men's 100m Freestyle Women's 400m Freestyle Men's MC 400m Freestyle Women's MC 400m Freestyle Men's 50m Backstroke Women's 50m Backstroke Men's MC 50m Backstroke Women's MC 50m Backstroke Men's 200m I.M. Women's 200m I.M.	Women's 200m Butterfly Men's 200m Butterfly Women's MC 200m Freestyle Men's MC 200m Freestyle Women's 50m Breaststroke Men's 50m Breaststroke Women's MC 100m Butterfly Men's MC 100m Butterfly Women's 100m Backstroke Men's 100m Backstroke Women's 100m Freestyle.	Men's 200m Backstroke Women's 200m Backstroke Men's MC 100m Backstroke Women's MC 100m Backstroke Men's 50m Butterfly Women's 50m Butterfly Men's MC 50m Butterfly Women's MC 50m Butterfly Men's 400m Freestyle
	<b>Session Four – Not before 12 noon</b>	<b>Session Seven – Not before 12 noon</b>	<b>Session Ten – Not before 12 noon</b>	<b>Session Thirteen – Not before 12 noon</b>
	Men's 1500m Free	Men's 800m Free	Women's 1500m Free	Women's 800m Free
<b>Session Two – Finals – 4-30pm</b>	<b>Session Five – Finals – 4-30pm</b>	<b>Session Eight – Finals – 4-30pm</b>	<b>Session Eleven – Finals – 4-30pm</b>	<b>Session Fourteen- Finals – 3pm</b>
Men's MC 100m Freestyle Women's MC 100m Freestyle Men's 13/14,15,16,17,18+ 100m Breast Women's 12/13,14,15,16,17+ 100m Breast Men's MC 50m Breaststroke Women's MC 50m Breaststroke Men's 13/14,15,16,17,18+ 50m Freestyle Women's 12/13,14,15,16,17+ 200m Free Men's MC 100m Breaststroke Women's MC 100m Breaststroke Men's 13/14,15,16,17,18+ 400m I.M. Women's 12/13,14,15,16,17+ 400m I.M.	Women's MC 200m I.M. Men's MC 200m I.M. Women's 12/13,14,15,16,17+ 100m Fly Men's 13/14,15,16,17,18+ 200m Freestyle Women's 12/13,14,15,16,17+ 200m Breast Men's 13/14,15,16,17,18+ 200m Breast Women's MC 150m I.M. Men's MC 150m I.M. Women's 12/13,14,15,16,17+ 50m Freestyle Men's 13/14,15,16,17,18+ 100m Butterfly Women's MC 50m Freestyle Men's MC 50m Freestyle	Men's 13/14,15,16,17,18+ 100m Freestyle Women's 12/13,14,15,16,17+ 400m Free Men's MC 400m Freestyle Women's MC 400m Freestyle Men's 13/14,15,16,17,18+ 50m Back Women's 12/13,14,15,16,17+ 50m Back Men's MC 50m Backstroke Women's MC 50m Backstroke Men's 13/14,15,16,17,18+ 200m I.M. Women's 12/13,14,15,16,17+ 200m I.M.	Women's 12/13,14,15,16,17+ 200m Fly Men's 13/14,15,16,17,18+ 200m Butterfly Women's MC 200m Freestyle Men's MC 200m Freestyle Women's 12/13,14,15,16,17+ 50m Breaststroke Men's 13/14,15,16,17,18+ 50m Breaststroke Women's MC 100m Butterfly Men's MC 100m Butterfly Women's 12/13,14,15,16,17+ 100m Back Men's 13/14,15,16,17,18+ 100m Backstroke Women's 12/13,14,15,16,17+ 100m Free	Men's 13/14,15,16,17,18+ 200m Back Women's 12/13,14,15,16,17+ 200m Back Men's MC 100m Backstroke Women's MC 100m Backstroke Men's 13/14,15,16,17,18+ 50m Butterfly Women's 12/13,14,15,16,17+ 50m Butterfly Men's MC 50m Butterfly Women's MC 50m Butterfly Men's 13/14,15,16,17,18+ 400m Free

\*Please note: the event schedule is subject to last minute changes and the timings stated above are estimates.



Marketing Sheffield

