## **Christmas holiday arrangements**

## **Academy swimmers**

Our last session before Christmas for Friday Academy swimmers will be December 19 and for Monday Academy swimmers December 22. Friday sessions will restart January 2 and Monday sessions will restart on January 5.

## **Development Groups**

Our last evening session before Christmas will be Friday December 19. This will be a fun swim. All sessions will restart on January 2.

Development swimmers can swim at Garon on Monday December 22 and Monday December 29 6 - 7.15 am.

## **Rookies Junior Squad and Squad**

Friday 19 December evening session will be a fun swim from 7 - 8 pm.

No training Saturday 20 December

There are normal sessions on Monday 22 December 5.30 – 7.30 am (Garon) and Tuesday 23 December 5.30 – 7.15 am (Belfairs) and Tuesday evening 6 – 7.30 pm (Garon).

Monday 29 December 5.30 – 7.30 am (Garon) as normal

Tuesday 30 December no am session at Belfairs. The evening session at Garon will be half an hour earlier 5.30 – 7 pm.

All session return to normal on Friday January 2