



FOR PARENTS / GUARDIANS

The club encourages appropriate ethical behaviour amongst its members. Parents / guardians are important role models and can best support the membership by displaying the behaviours set out below:

- Support your child's involvement and help them to enjoy their sport.
- Never force your child to take part in sport, children are involved in sport for their enjoyment and achievement, not yours.
- Encourage your child to learn the rules and to work within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Set a good example by recognising fair play and applauding the good performances of all.
- Turn defeat into victory by helping your child to learn from the experience and to work towards improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a race. In particular, be positive and do not show your disappointment.
- Never punish or belittle a child for losing or making mistakes. Be realistic about your child's abilities. Do not over-expect. Much harm can be done when children consistently fall short of their parents' expectations.
- Teach your child that honest effort is as important as victory so that the result of each race is accepted without undue disappointment. A PB can be as big an achievement as a gold medal.
- Do not publicly question officials' judgement and never their honesty. Encourage your children to show the same courtesy.
- Use correct and proper language at all times.
- Familiarise yourself with the organisation and rules of the club.
- Keep up to date with club information on the club notice boards.
- Inform the club promptly of a change in your contact information and any other relevant information we need to know to facilitate your child's participation, safety and welfare.

- Do not allow your child to swim if they are unwell, particularly if they have any open wound or have an upset stomach.
- Recognise the value and importance of volunteer coaches. Do not undermine them. They give their time and resources to provide recreational activity for your child.
- Be helpful to your child but do not coach him or her. A little knowledge can be dangerous. The coaches are there to do the coaching and the selecting and most have been doing so for many years. If you think there is a major problem, speak to the coach first.
- Tell us promptly of any concerns you have regarding the behaviour or welfare of others.

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